

Guide to Cheaper Prescriptions

Each time a new drug is approved, it costs manufacturers an average of \$180,000 over a year to bring it to market. It is no surprise that these astronomical costs are passed on to consumers – we the patients. Americans spend an average of \$1,300 per person per year on prescription drugs. *But what can we do about it?*

General Tips

Don't skip your prescription medication. Don't reduce your dosage. Don't share your prescription medication with anyone. Don't skip filling a prescription.

Get to know your pharmacist and pharmacy technicians! They hold a wealth of knowledge on your medications and the medication cost/payment system.

You should always shop for your medications. Considering the yearly cost, prescription drugs should be considered a large purchase, for which research is needed to find the best deal.

Finding the Best Price for Your Medication

When approved by your physician, ask for the generic form of a drug, or if there is another medication for your condition that may cost less. Compare prices between your preferred pharmacies and consider mail-order prescriptions.

- Consider using online pharmacies like [Cost Plus Drugs](#), [Amazon](#), [GeniusRX](#), or [DiRXHealth](#)
- Check to see if [RXOutreach](#), a nonprofit pharmacy, provides your medication
- Find prescription coupons and discounts from [GoodRX](#), [SingleCare](#), [NeedyMeds](#), [ScriptSaver Well RX](#), [Blink Health](#), [ScriptHero](#), or [Community Cares RX](#)
- Residents of Nevada, Oregon, and Washington are eligible for free [ArrayRX](#) discount cards
- Search for discounts, coupons, or payment assistance programs from your drug's manufacturer; [Medicine Assistance Tool](#) and [RXAssist](#) are great places to start



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Prescription Savings Clubs

Many retail pharmacies, insurance providers, and even some employers, have Prescription Savings Clubs. These clubs are membership-based and generally carry an annual fee. Members have access to certain drug categories at a flat rate (or free), with savings on many others.

- [Walgreens Prescription Savings Club](#)
- [Walmart's \\$4 RX Program](#)
- [Kroger Prescription Savings Club](#)

Ask your benefits representative at work about any employer-based programs. Ask your insurance company about any policy-based programs.

Payment Assistance Funds

What happens if your medication does not qualify for discount programs, coupons, or other savings options? Or requires a specialty or compounding pharmacy? There are several organizations which provide prescription payment assistance, both before and after the prescription has been filled:

- [Patient Advocate Foundation Co-Pay Relief Fund](#)
- [PAN Foundation Patient Financial Assistance](#)
- [National Organization for Rare Diseases Patient Assistance Programs](#)
- [HealthWell Foundation Disease Funds](#)
- [RX Hope](#)
- [Accessia Health Financial Assistance](#)
- [My Good Days Financial Support](#)
- [CancerCare Co-Payment Assistance Foundation](#)
- [FindHelp.org](#) (enter your zip code, search for 'prescription assistance')
- [2-1-1.org](#) (enter zip code, search for 'prescription medication payment assistance')

Check national and local support organizations for your condition or diagnosis, as many have financial assistance programs ([Leukemia & Lymphoma Society](#), for example).

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For additional information, please visit <https://heart4advocacy.com/resources>